Serving the east-metro area including:

Aurora Bennett Centennial Commerce City Denver



Upcoming Events

Meetings are held at the Chamber office, 14305 E. Alameda Ave., Suite 300 - unless otherwise noted

MAY

Public Issues May 1 | 7:30 am

Ribbon Cutting

May 1 | 5-6 pm A La Source Refugee Ministry 1532 Galena St., Ste. 255 Aurora, CO 80010

Young Professionals May 2 | 12 pm

Business for the Arts May 6 | 8 am

Tips and Leads 1 May 6 | 11:45 am

Transportation May 7 | 7:30 am

Ribbon Cutting

May 7 | 11 am Grease Monkey 18401 E. Hamden Ave. Aurora, CO 80013

Healthcare May 8 | 8 am

59th Annual Awards Dinner

May 9 | 5 pm Crowne Plaza Hotel 15500 E. 40th Ave. Denver, CO 80239

Tips and Leads 3 May 12 | 11:45 am

continued on page 5





Bioscience 2 begins the next phase of evolution



Rendering of Bioscience 2

A new venture next to the **Anschutz Medical Campus** combines research, business and education – all under one roof.

The new building is adjacent to the **Anschutz Medical Campus** and will be located on property the University purchased from the **Fitzsimons Redevelopment Authority (FRA)**. By locating the bioengineering program in the same building as commercial life science companies, the new Bioscience 2 building will encourage collaboration between students and industry.

"The Bioscience 2 building will not only be home to the University's innovative bioengineering program, it will provide a unique opportunity for commercial bioscience companies to interact on a daily basis with highly talented students from the University," says Steve VanNurden, President and CEO of the **FRA**.

Robin Shandas, professor and chair of the Department of Bioengineering at **CU Denver** and **Anschutz** says, "One idea we will be exploring within this building and our bioengineering program is how to



From left to right: Jim Linfield, Mayor Steve Hogan, Rod Nairn, Steve VanNurden, Jeff Parker, Glen Gallegos, John Shaw, Don Elliman, Bill Mosher, Lilly Marks, Aurora City Councilwoman Sally Mounier, Dick Krugman, Robin Shandas, Greg Schmidt, and Aurora City Councilwoman Marsha Berzins

train students to create new biomedical companies that can then use the **FRA** and bioscience park space to launch these efforts, a particularly unique aspect for Colorado and Aurora."

The **University of Colorado's** Bioengineering program's mission is to improve human health through the application of engineering principles, ideas, methods, and inventions in order to solve important clinical problems. ■

RID FasTracks

Construction. Construction. Construction.

Get online, and get a handle on it!

Want to receive regular updates about construction and detours on and around I-225?

Go to **www.rtd-fastracks.com /i225** and sign up for construction updates.

Facts about Bioscience 2 building:

- Size: 112,000 square feet
- Occupants:
 - University tenants on 1st two floors are Bioengineering program and two other university entities
 - FRA commercial companies on 3rd & 4th floors
- Architect: MOA
- Contractor: Saunders
- · Completion: August 2015
- · Owned by CU; managed by FRA



Kevin Hougen President & CEO

President's Letter

New Chamber Board of Directors named

Spring is making its first, tentative appearance in Colorado. As we move from one season to another, it's exciting to take a look at the changes at The Chamber, as well.

Each year, a nomination committee made up of Chamber members, along with The Chamber President, suggest future Board members to fill the positions of retiring members. This year, several of our board members' three-year terms expire on May 31, 2014. We have asked the following members to serve for the next three years on the board:

- Joe Barela, Arapahoe/Douglas Works!
- Randy Berner, Adolfson & Peterson Construction
- Thomas Henley, Xcel Energy
- Nancy Jackson, Arapahoe County Board of Commissioners
- Shannon Jones, FirstBank-Aurora
- · Cindy Kreutz, Medical Consultant
- Todd Landgrave, Northrop Grumman
- Betsy Oudenhoven, Community College of Aurora
- Ryan Simpson, The Medical Center of Aurora
- · Dwight Taylor, Rocky Mountain Law Group, LLC
- Matt Weber, Kaiser Permanente

We are proud to say that this group of dedicated representatives will represent the diversified membership of the Chamber. I hope you will join us when these individuals are formally inducted at the Chamber's 59th Annual Awards Dinner on the evening of May 9 at the Crowne Plaza Hotel.

We also want to thank retiring board members who have served our business community during the past years:

Bill Holen, Arapahoe County Commissioner; Dave Maxwell, FirstBank of Aurora; Craig Ward, Padgett Business Services; and Michael Wukitsch, Children's Hospital Colorado.

The Chamber Board of Directors along with incoming Board Chairman David Patterson, want to thank Jeff Thompson with University of Colorado Hospital for his outstanding leadership the last two years as Chairman of the Board. Jeff has led the Chamber through a couple of adventurous years as we unveiled new programs and exciting ways for members to share information, to study, and to network.

Our State's economic prospects continue to improve each month, while business investments and construction continue to grow. Stock prices and profits are strong, consumers are spending at reasonable levels, interest rates remain low, and inflation is under control. We are still working hard every day on the challenges we face with the Department of Defense budget cuts and the effects they may have on Buckley Air Force Base and our other four state military installations. This spring, The Chamber, along with partners from Colorado Springs, has introduced a new bill that is a databased analysis to the Colorado General Assembly. The analysis will be on the economic impact that Colorado's five military installations have on our economy, and jobs in the entire State. Thanks to Representative Su Ryden from Aurora and State Senate President Morgan Carroll from Aurora, for carrying this important bill. We are still concerned of a potential BRAC (Base Realignment and Closure), that effected over 17,000 jobs when Lowry and Fitzsimons were closed in Aurora/Denver in the 1990s. BRAC and its potential negative impact will remain one of the Aurora Chambers' top priorities through 2019. ■

ChamberBoard

EXECUTIVE DIRECTORS

CHAIR OF THE BOARD

Jeff Thompson | University of Colorado Health

CHAIR-ELECT/SECRETARY

David Patterson | Consultant

IMMEDIATE PAST CHAIR

David Gruber | Cloud Worldwide, LLC

PAST CHAIR ONCE REMOVED

Mark Moses | Outback Steakhouse

TREASURER

Jason Altshuler | Westerra Credit Union

VICE CHAIR-COMMUNITY SERVICES Craig Ward | Padgett Business Services

VICE CHAIR-BUSINESS DEVELOPMENT

Dwight Taylor | Rocky Mountain Law Group, LLC

VICE CHAIR-MEMBER SERVICES

Bob Jamieson | Mutual of Omaha

VICE CHAIR-PUBLIC ISSUES Tom Henley | Xcel Energy

DIRECTORS

Randy Berner | Adolfson & Peterson Construction Larry Borland | CenturyLink

Lisa Buckley | American Automation Reneé Gullickson | Wells Fargo Bank

Michael "Mickey" Hunt | Colo. Dept. of Military & Veteran Affairs

Shannon Jones | FirstBank Cindy Kreutz | Healthcare Consultant

Todd Landgrave | Northrop Grumman Peter Lee | Aurora Asian/Pacific Community Partnership

Alfonso Nuñez | La Cueva Restaurant Dr. Betsy Oudenhoven | Community College of Aurora Suzanne Pitrusu | Community Banks of Colorado

Cheri Prochazka | Fitzsimons Credit Union Ryan Simpson | The Medical Center of Aurora, HealthONE Matt Weber | Kaiser Permanente

HONORARY DIRECTORS

Paul Suss | Suss Buick GMC Colonel Floyd Dunstan | 140th Wing COANG Barry Gore | Adams County Economic Development The Honorable Steve Hogan | Mayor, City of Aurora Nancy Jackson | Arapahoe County Commissioner Wendy Mitchell | Aurora Economic Development Council Cathy Noon | Mayor, City of Centennial Gary Wheat | Visit Aurora

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Mario Waller | Six & Six, inc. | Newsletter Design

THE CHAMBER'S MISSION

The mission of the Aurora Chamber of Commerce is to serve as a voice for the business community, acting as an advocate for its members on issues that affect their growth and long-term economic vitality.

DON'T FORGET: "Every employee of a Chamber member is a member of The Chamber"

Please route this issue to your sales reps, account managers, marketing directors, HR and PR departments. You can also access each month's newsletter online at our website, www.aurorachamber.org, so you can forward it to every employee in your company!

MemberNews.

A&P selected for Class A construction management, and adds key new hires

Aurora-based contractor **Adolfson & Peterson Construction (A&P)** was recently

selected to provide Construction Management and General Contracting services for a new 11-story commercial office building in Greenwood Village.

Located directly adjacent to Arapahoe Station on RTD's Southeast Corridor Light Rail, the CoBank building is being designed as a Class A office building with six levels of parking. Occupancy is scheduled for fourth quarter of 2015.

A&P has also recently increased its professional staff with the addition of Senior Project Manager Dennis Disney, who joins A&P with more than 32



Dennis Disney



David Sharrock

years of experience in the Colorado market; and Senior Preconstruction Manager David Sharrock, with more than 18 years of experience.

Chillin' with Alvin and the Chipmunks at the Ronald McDonald House

It was a full-house Business Before Hours in March at the **Ronald McDonald House** located at 932 Potomac Circle in Aurora. Chamber members were treated to fresh-made omelets, tours of the house, and great networking.

Ronald McDonald houses provide comfortable, low-cost housing to out-of-town mothers and fathers needing to be near their hospitalized children. The house in Aurora houses up to 45 families a night, and sports three large kitchens, laundry facilities, TV lounges, play areas indoors and out, computer rooms and a patio. And, Ronald McDonald himself sits outside the front entryway to greet visitors and guests.



Centennial's Travis Greiman named International Fellow

The **City of Centennial's** Engineering Manager, Travis Greiman, P.E., was recently named a Jennings Randolph International Fellow by the American Public Works Association (APWA). As one of two Jennings

Randolph International
Fellows selected from a field
of 17 qualified applicants
from across North America,
Greiman will conduct a
study tour to focus on
project implementation
strategies used in Mexico
and make a presentation at
the ICLEI National Congress
in September, 2014 in
Acapulco, Mexico.



Travis Greiman, P.E.

ConocoPhillips establishes Center for a Sustainable WE²ST

Colorado School of Mines and **ConocoPhillips** recently announced the establishment of the **ConocoPhillips** Center for a Sustainable WE²ST

(Water-Energy Education, Science and Technology) at



Colorado School of Mines, with a leadership investment of \$3 million. The center will focus on research and education that promote joint sustainability of unconventional energy production and water resources.

"By establishing this unique center at Colorado School of Mines, **ConocoPhillips** demonstrates the value it places on educating students about the technical aspects of energy and water resources, and exposing them to the critical sustainability questions that arise around

unconventional energy production," says Mines President Bill Scoggins. The research and educational initiatives will benefit not only unconventional energy producers and waterreliant industrial stakeholders, but also the general public.

"We cannot be a leading Exploration and Production company without also being a great water company," says Al Hirshberg, executive vice president, Technology & Projects, ConocoPhillips. "The ConocoPhillips Center for a Sustainable WE²ST is an important extension of our existing global efforts around water sustainability."

Division Chief Roger Cloyd retires from APD

After 40 years in law enforcement, 32 years with the **Aurora Police Department**, Division



Chief Roger Cloyd

Chief Roger Cloyd is hanging up his badge, and plans to move to a warmer climate, where the golf courses are plentiful and the beaches are pristine.

"During his tenure with the **APD**, Cloyd has been a great leader, mentor, and friend to several departments in the Denver-

Metro area. His knowledge and guidance will be missed by many," says **APD** Police Chief Dan Oates. ■

Aurora Says "Yes" to Greening of Medical Waste Processing

Colorado Medical Waste, Inc., recently announced that Colorado has become the third state in the nation to adopt a revolutionary, environmentally safe technology for the processing of medical waste. The new green technology, using ozone to process medical waste with no environmental contaminants, is positioned to make noxious medical waste dumping a thing of the past.

Colorado Medical Waste President
Beverly Hanstrom has worked for more than three years to obtain regulatory approvals to operate her Ozone Medical Waste Processor. "We are ecstatic to finally put this amazing technology to work for Colorado. It's been a long time coming, and we are poised and positioned to accommodate five tons per day and have planned in advance for the installation of another ozone processor as volume increases." says Hanstrom.

Hanstrom relocated **Colorado Medical Waste** to Aurora in July of 2012, because of the high concentration of medical waste generators at Aurora's **Anschutz Medical Campus**. Hanstrom said "We've been







operating over 21 years collecting and transporting medical waste from medical waste generators to traditional autoclaves for processing; breaking open bags and sharp containers leaving used syringes, blood vials, blood-soaked material and treated medical waste fully exposed."

Colorado Medical Waste's OMW-1000 uses ozone to process medical waste. Different from autoclaves, the ozone process creates a pleasant rain-like aroma with zero emissions, zero chemicals and no morally questionable dumping into landfills also reducing the volume of waste by 90%.

For detailed information about the company and ozone medical waste processing, visit http://www.coloradomedicalwaste.com.

RibbonCuttings



Mmmm, let's eat some barbecue! – A hungry ribbon-cutting crowd, led by General Manager Chad Baker, takes care of the official business before a lunch of pulled pork sandwiches. Dickey's Barbecue Pit is located at 10551 E. Garden Dr. in Aurora, CO, at the Gardens on Havana. They specialize in barbecue and home-style sides , including waffle iron fries, mac and cheese, green beans and bacon, fried okra, and barbecue bean, to name just a few! You can see a complete menu

at www.dickeys.com and can contact them at

720-343-7518.

Watch your posture while using those big scissors - Dr. Ryan Dunn, owner of Mile High Spine and Sport certainly stands up straight and tall as he cuts the ribbon for his business at 2530 S. Parker Rd., Ste. 204, in Aurora. Mile High Spine and Sport offers chiropractic care, acupuncture, sports rehabilitation, pediatric rehabilitation, nutrition, and soft tissue work. Their emphasis is on patients being able to self-manage their conditions with home rehabilitation so ongoing care is not needed. You can view services and more information at milehighspineandsport.com, or can contact Dr. Dunn at 720-446-9998.



H&R BLOCK

You'll need them next year, too!

Three more Chamber member **H&R Blocks** held ribbon cuttings during March and early April – just in time for tax season! Joint-cutting of ribbon: Aurora's Mayor Hogan (I.) helps **H&R Block** Client Services Leader Les Carruthers cut the ribbon at 4215 S. Buckley Rd. location.

Similar celebrations were held at 6155 S. Main St. (Southlands) in Aurora, and and at 6626 S. Parker Rd. (Arapahoe Crossing), also in Aurora.



Southlands Arapahoe Crossing

Tamara Mohamed joins Chamber team



Tamara Mohamed

Tamara Mohamed has joined The Chamber as the Executive Assistant. Tamara comes from a background in Journalism/ Communications and recently graduated with a Masters in Adult Education focusing on Corporate Training and Knowledge Management. She will be assisting with projects and events, and might be the first person you talk to when calling The Chamber! ■

MemberContributions

Healthy Diet on a Dime

Smart nutrition tips that fit your busy lifestyle.

You don't have to break the bank — or sacrifice taste — to whip up healthy meals and snacks, even if you're tight on time. In fact, the following four tips can help you find the sweet spot of balancing your budget, your busyness, and your well-being.

1. Make your own snack-pack bags.

Prepackaged veggies, fruits, raisins, or chips can be a budget-buster. "Almost anything you buy in single-serve packs, you can make on your own," says Kaiser Permanente dietitian Sue Heikkinen, MS, RD, CDE. "Financially, you pay more per unit of food, so making your own snack packs is a great alternative."

2. Fill your pantry with time-saving staples.

It's easier to put together a quick, well-balanced meal if your pantry has all the basics. Stock up on canned beans, tomatoes, whole-grain pasta, brown rice, nuts, and spices. "Many healthy pantry staples are inexpensive and can help stretch your food budget," Heikkinen says.

3. Plan for leftovers. Get more from your shopping, preparing, and cooking. "It takes time and money to drive to the store, and it

KAISER PERMANENTE

takes energy to turn on the oven," Heikkinen says. "If the oven's at 450 degrees, ask yourself, what else can I throw in?" When making ground turkey for tacos, for example, freeze an extra pound for soup or sloppy Joes. Or double your casserole recipe and freeze a batch for a busy night.

4. Eat less meat. This may help your budget, your schedule, and your heart. For example, using canned beans is a cheaper, faster, and heart-healthier protein source than meat (as long as you rinse off the sodium-heavy liquid). "If you're eating less meat, this may free up funds to buy more beautiful produce," Heikkinen says. Fresh produce, especially in spring months in Colorado, can be slim pickings, but carrots, greens, potatoes, apples, and bananas tend to be low-cost options year-round.

8,000 Recipes at Your Fingertips

Visit kp.org/recipes to locate healthy recipes and smart, cost-saving shopping tips. ■

Upcoming Events

Upcoming Events (con't.)

Tips and Leads 2 May 13 | 7:45 am

Ambassador Team

May 14 | 7:30 am

ChamberMaster Training

May 14 | 12 pm

Leadership Aurora Board

May 14 | 3:30 pm

Public Issues

May 15 | 7:30 am

Business Before Hours

May 20 | 7:30-9 am Fitzsimons Golf Course 2323 Scranton St. Aurora, CO 80045

Tips and Leads 1

May 20 | 11:45 am

Defense Council

May 22 | 7:15 pm Aerospace Data Facility (RSVP required)

Business After Hours

May 22 | 5-7 pm Homewood Suites Hotel 4210 Airport Way Denver, CO 80239

Tips and Leads 3

May 26 | 11:45 am

Tips and Leads 2

May 27 | 7:30 am

Women in Business

May 27 | 12pm

Chamber Board of Directors

May 28 | 7:30 am

Member Orientation

May 28 | 12 pm

JUNE

Business for the Arts

June 3 | 8 am

Tips and Leads 1

June 3 | 11:45 am

Transportation

June 4 | 7:30 am

Public Issues

June 5 | 7:30 am

Leadership Aurora Graduation

June 5 | 11 am-1:30 pm

Young Professionals

June 6 | 12 pm

Tips and Leads 3

June 9 | 11:45 am

Tips and Leads 2

June 10 | 7:45 am

ChamberMaster Training

June 11 | 12 pm

Leadership Aurora Board

June 11 | 3:30 pm

Healthcare

June 12 | 8 am

38th Annual Armed Forces Recognition Luncheon

June 13 | 11:30 am Doubletree by Hilton Denver Hotel 3203 Quebec St. Denver, CO 80207

Tips and Leads 1

June 17 | 11:45 am

Leadership Aurora Golf Tournament

June 19 | 7 am Heritage Eagle Bend Golf Club 23155 E. Heritage Pkwy. Aurora, CO 80016

27th Annual Summer Concert Series

June 19 | 6:30 pm Buckstein Utah Park 1700 S. Peoria St. Aurora, CO 80012

Tips and Leads 3

June 23 | 11:45 am

Tips and Leads 2 June 24 | 7:45 am

Women in Business June 24 | 12 pm

Board of Directors

June 25 | 7:30 am NO Defense Council

June 26

Business After Hours June 26 | 5-7 pm

TBD

Leadership Aurora's class project for Brent's Place

The Leadership Aurora Class of 2014 spent a weekend in March at Brent's Place in north Aurora, building a muchanticipated garden as their class project. The class completed six planters and a trellis, and they will return to help plant the garden. Below are during and after photos of the ambitious project. ■





38th Annual Armed Forces Recognition Luncheon set for June 13

The month of June brings Armed Forces Day, Flag Day, Father's Day - and The Chamber's Annual Armed Forces Recognition Luncheon.

On June 13, the Aurora
Chamber, the Chamber Defense
Council, and Colorado
Technical University join to
honor the contributions and
sacrifices of the men and
women of our Armed Forces—
especially those serving in the greater
Aurora-Denver metro area — with The
Chamber's annual Armed Forces
Recognition Luncheon.

Eleven young men and women, representing each branch of the service including those serving in the National Guard and the Reserve, will be singled out by their units and the community as special honorees at the event, which will also feature military ceremonies, a celebrity MC, and an extraordinary guest speaker.

Lending her story to the event will be



Kelly Sullivan Loughren, granddaughter of Albert Sullivan

guest speaker, Kelly Sullivan Loughren, granddaughter of Albert Sullivan, one of the five famed Sullivan brothers who died while serving together on a Navy ship in World War II. Her story of family courage, commitment to country, and heroism is heartwarming and inspirational.

Award-winning radio personality and founder of the **Colorado Freedom Memorial**. Rick Crandall

will serve as master of ceremonies, bringing his unique brand of humor and warmth to the occasion.

The luncheon will be held at the Doubletree by Hilton Hotel Denver, 3203 Quebec St., beginning at 11:30 a.m. Sponsored tables, providing an opportunity to share a table with four military guests and six of your own, are available for \$750. Individual seats are \$40.

Call The Chamber at 303-344-1500 or go to www.aurorachamber.org for additional information or to register. ■

Three simple words of advice

Disney's hit movie "<u>Frozen</u>" has rocked the box office and made people of all ages fall in love with the song "Let it Go" Maybe you even have found yourself delighting in the simple yet complex idea of surrendering your control to 'let it go.'

Teri Karjala is the owner of Creative Counseling Center, LLC, and is licensed in the State of Colorado as a Professional Counselor, as well as a Marriage and Family Counselor.

Here are a few great tips:

- Take a step back: Look at the big picture.
- Ask yourself: "How am I choosing to showup here?"
- Shift your perspective: Identify at least three gifts in the situation.
- Journaling is a great place to start. Take a moment to answer the question "What do you desire in life?" Are you in alignment with those desires? If not - let it go!

MemberRenewals

AAA Colorado Adams County Workforce & Business Center Artistic Apparel, LLC A-Town Pizza Aurora Education Association Aurora Housing Authority Beck, Payne, Frank & Piper, P.C. Boeing **Broadview Animal Clinic** Cherry Creek Nursing Center Concentra Medical Centers - Southeast/II Concorde Career College Courtyard by Marriott - Denver Stapleton Creative Counseling Center, LLC Cunningham Fire Protection District Denver International Airport Dozens Restaurant E-470 Public Highway Authority Ed Bozarth Company, Inc. **Epoch Concepts LLC**

Farmers Insurance Group - Matthew Hunting

Equity Holdings Group Inc.

Good to Great Engineering and Technical S **GP** Xpress Keller Williams Commercial Real Estate KeyBank - S. Buckley Rd. Kishinevsky & Raykin, Attorneys at Law M & M Auto Reconditioning, Inc. Merrick & Company Merry Maids Linrus MITH Enterprises LLC Mountain States Employers Coun. Pinnacol Assurance Purewater Dynamics and The Great American Regis University Seven Hills Veterinary Hospital Spalding Rehabilitation Hospital Surgical Consultants of Aurora TGDanzport Studio US Storage, Inc.

First Command Financial Planning

Golf Club at Heather Ridge

Woolley's Classic Suites, LLC

NewMembers

Anadarko Petroleum Corp Arapahoe County Security Center, Inc.

Bio One Denver

Caring Transitions

Colorado Academy of Family Physicians

Friction Medical Supply

Medicine Man Denver

Noodles & Company-Fitzsimons

RIDA Development/ Gaylord Hotel

Terrapin Care Station

Trades Technology Information Systems (TTIS)

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