





### March 2022

Volume 3, Issue 3

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Spring is the season during which the natural world revives and reinvigorates after the colder winter months. During spring, dormant plants begin to grow again, new seedlings sprout out of the ground and hibernating animals awake. Our class project, Downtown Aurora Visual Arts (DAVA), will be reinvigorated with new lighting, freshly painted walls and benches, doors that lock, and a crosswalk for the children to be able to get across the busy street safely.

This Spring will bring on a revival to a place where their mission is to strengthen the community through the arts with a primary focus on youth engagement.

Class of 2022, be proud of the project that we choose and remember the lives that will be impacted! Time is upon us - let's take this opportunity to dig in and finish strong. Please be sure to read the weekly updates as they have a lot of information about our class project, graduation, and all other committee updates.

Best regards, Nycci



Interviewed & Written by: David Spencer



#### Amanda Anthony

We have all been there trying to get appointments, from being on hold to submitting requests and not knowing who to talk to. For years people in our communities just want to know who to talk to about an ailment but can't seem to navigate a health care system to see how to accomplish that feat. There could be that one simple phone number or website link that could get you to that one section that is the final piece of the puzzle for all the care that you or a loved one would need. Amanda Anthony was promoted as new Vice President of Patient Navigation at UC Health and is here to the rescue.

A little bit of background into Amanda to get to know her better:

- Alma mater (Undergraduate Degree): Bachelor's in Nursing at South Dakota State University
- Graduate Degrees: Master's in Nursing and Doctorate in Nursing at University of Colorado
- Previous position: 15 ½ years as a nurse and four years as a senior director of care management for University of Colorado

Below is a Q&A that will give you even more insight into Amanda:

#### Q: What does this new role provide?

**A**: On being promoted to this new role, I would like to be more innovative in setting strategic and design to be more patient centric and provide more access services. By providing these services to the

community, I would want to remove more layers at UC Health so that patients can get care quicker. Yes, we are a hospital but we are also a business to generate money. So the quicker we can get a patient the care they need that means we can rotate more patients through, which in turn generates funds for the hospital.

#### Q: What brought you into this role?

**A:** When starting out in nursing I was a charge nurse at night working with patients and saw them through their darkest times. Seeing patients go through heart failure drew me into being more involved in the heart failure program at UC Health. This drove me to become more educated for the personnel I had and have a drive to become more educated for myself. Being a charge nurse gave me greater responsibility and staff to get patients more quickly and safely to the care they needed.

#### Q: What got you into nursing?

**A:** I always knew that that I wanted to have an impact on the greater good of humanity. Growing up I was not always in the health care education until I took a health occupation class in high school. After completing this class I saw the draw to becoming someone who not only wanted to help people but also assist communities with getting care. Not only did I feel the draw but I also had the internal gift of the skills needed to assist those in need.

### Q: What brought you to Colorado?

**A:** Growing up in South Dakota I wanted to leave as soon as I was done with school. After a visit to Colorado I couldn't stop thinking of it and couldn't wait for the next opportunity to come back. Colorado had a calling for me which drew me back into our community. My drive for realizing that there was more to the world out there than in my home state guided me to strive for a happiness and peace for the future accomplishments that I was striving for.

### Q: How do you plan to use the skills and knowledge from Leadership Aurora class in your new position?

**A:** After going through each of the monthly excursions I gathered a greater awareness of what is available in the Aurora community. It was very evident of the amount and variety of resources offered throughout the community. The potential of nurturing a relationship with Picken's College for a non-health agreement would already be a huge benefit for UC Health and Pitkin College.







## **Education Day**

#### Education Day January 20, 2022

Education Day was full of lessons learned about all Aurora has to offer our community. The day started at Pickens Technical College where our own Sherry Davis serves as an assistant director. We had the opportunity to tour the campus, learn about the nearly 50 certificate programs they offer, have a wonderful meal prepared and served by the students of the Culinary Art Program and hear directly from a few of the students on how the program at Pickens have impacted their lives.

While at Pickens we heard from Cherry Creek Innovation Campus Principal Steve Day, and his campus offers students unique pathways to prepare them for careers in areas such as advanced manufacturing, hospitality and tourism, health and wellness and even aviation maintenance.

We can't forget to mention Aurora Public Schools Superintendent Rico Munn, who presented the challenges the district is facing as well as the exciting news of new schools and pathways, including the Charles Burrell Visual and Performing Arts Campus, where high school students will have the opportunity to participate in multimedia arts or performing arts high school pathways led by our own Mehran Ahmed.

CSU Global taught us about their online offerings and we had a special presentation on mental health awareness and new programs offered by CSU Global specializing in military and emergency responder psychology. Next, we were off to Community College of Aurora where Dr. Mordecai Brownlee, president of CCA, briefed us on the history of CCA and their plans of diversification and growth to best serve the greater community of Aurora and continue to be a true center of excellence. We truly enjoyed our visit and learning how CCA was a pioneer in their approach to the paramedic program.

And, what a fun end to the day when we broke into groups for a team building exercise to build a solar powered mini robot. Of course, it was a competition, with a race to the finish. Not all succeeded (including me). While our mini robots may not have compared to the students' creations, it was a FUN way to end the day.

Written Kelly Stewart

## **Brew Days**

Thanks to the strategic planning by our Pay it Forward and Class Project committees, the Jadoo Brew fundraising effort is now a reality. Leadership Aurora (Aurora Chamber of Commerce) partnered with Launch Pad Brewery to create the tasty beverage – a fruited blonde foundation with a mango passion fruit and vanilla flavor. The brewery hosted LA members and their families on Feb. 12 for the brew day to help everyone see the brew process up close and personal. In early March, members and other supports returned to Launch Pad for a brewing party, which was coupled with the Big Stuff Food Truck serving delicious meals. One dollar of every beer sold was given back to LA to support the program. Launch Pad and Legends of Aurora

Sports Grill featured the brew for the entire month of March. Thereafter, both locations will donate 10 and 20% of the proceeds back to Leadership Aurora, respectively. The class of 2022 is excited to be linked to the Jadoo Brew and grateful for the community's support!

#### **Class Project Update:**

DAVA Class Project fundraiser updates: Couple of other ways to promote through the YouTube link below and the Facebook event page. Please push it forward! Thanks!

YouTube Promotion Video

#### Facebook Event Page

**Ticket Purchasing** 

\$40 tickets (includes two drinks & appetizers) and opportunity to purchase fun items that have been donated.

Need support with donations and help running the event, so please sign up on the spreadsheet below. Mehran will talk to our class about the help that is needed.

#### DAVA Class Project Help

Written by: Mehran Ahmed

# **Dr. Danielle Jackman**



## Photography

Here is a link to the folder where all the photos are being stored. If you have taken pictures please feel free to upload them in this folder.

If you took any videos or photos during Community Day please forward those to Dan at:

#### clarke@mamabirdinterviews.com

The photography committee has asked us to all dig and find photos of our beautiful selves when we were rocking the wonderful fashion faux pas we talked about at the retreat. Please email Dan with your photo.

#### Instagram

Please add Leadership Aurora to your Instagram page and follow our JADOO spirit throughout this

year! @leadershipaurora is the Instagram handle. The intention behind the Instagram page was started by the class before us so we can document moving forward the progress we make for our community. We will pass on the information to the next class.

## Please put your information on this spreadsheet and

@leadershipaurora will follow you if you would like. Please text Mehran Ahmed at 281-451-3152 any pictures you would like uploaded to our Instagram page!



On January 14, 2022, Danielle Jackman, PhD, a certified diversity professional (CDP) and director of Diversity, Equity, and Inclusion (DEI) at Aurora Mental Health Center (AuMHC), spoke with the Diversity & Inclusion Council to offer some ideas of to integrate Diversity, Equity, and Inclusion into the workplace.

Dr. Jackman shared the meanings of diversity, inclusion, equality, equity, and justice; environments for integrating (DEI) into work practices; and connecting circles of shared space of DEI efforts.

It was interesting to learn about identifying individual's differences, valuing these distinctions, and creating an environment that allows everyone to contribute their voice and expertise to the workplace and to society. Diversity is a fact, inclusion is a choice, and equality, equity, and justice can be both outcomes and processes. There are several elements that need to be considered when thinking about integrating DEI into practice, including where the organization may fall on the DEI continuum, thinking about accountability, as well as creating and elevating psychological safety. It is important to pay close attention to how one operationalizes DEI, the marginalizations that each of us may have, and how to leverage them in order to advance DEI in the workplace. For more information, contact Dr. Jackman at DanielleJackman@aumhc.org or go to https://www.aumhc.org/

Written by: DeeDee Poole

## **Healthcare Session Day**

As Leadership Aurora '22 approaches the halfway mark, cohort members embarked on a full-day journey at Falck Rocky Mountain headquarters to learn about all things healthcare.

The day began with an end of life ethics discussion to break down the most important principles people should consider in advance when planning out how they want their final days to look. Class members were presented with case studies about families and medical professionals who were forced to make tough decisions about someone's life. In general, many of these decisions revolve around values like religion, family and other cultural foundations.

The day continued with presentations from Donor Alliance, Rocky Mountain Lion's Eye Bank, Allosource and Donor Family, where the class was exposed to topics like cornea, tissue and transplant donations and was able to participate in hands-on activities. Sue Mountain-Morgan, a cornea recipient, also detailed her life experience of having poor vision and the positive changes she's noticed since her procedure.

As the morning wound down, class members learned about the importance of tourniquets and how to stop massive bleeding from an open wound. The afternoon wrapped up with the class splitting into three groups to tour the facility, talk with paramedics and practice CPR.

Written by: Julius Vaughns



## **Diversity & Inclusion**



Cinco de Mayo, or the fifth of May, is a holiday that celebrates the date of the Mexican Army's May 5, 1862 victory over France at the Battle of Puebla during the Franco-Mexican War. The day, which falls on Thursday, May 5, 2022, is also known as Battle of Puebla Day. While it is a relatively minor holiday in Mexico, in the United States, Cinco de Mayo has evolved into a commemoration of Mexican culture and heritage.

In 1861, Benito Juárez—a lawyer and member of the Indigenous Zapotec tribe—was elected presi-

dent of Mexico. At the time, the country was in financial ruin after years of internal strife, and the new president was forced to default on debt payments to European governments. In response, France, Britain and Spain sent naval forces to Veracruz, Mexico, demanding repayment. Britain and Spain negotiated with Mexico and withdrew their forces. France, however, ruled by Napoleon III, decided to use the opportunity to carve an empire out of Mexican territory. Late in 1861, a well-armed French fleet stormed Veracruz, landing a large force of troops and driving President Juárez and his government into retreat.

Click on the link below to connect with local Cinco de Mayo events. Cinco de Mayo Local Celebrations Denver Cinco de Mayo Event

> Written by: DeeDee Poole



# Military Day - March 17, 2022

Buckley Space Force Base started off as a 100square mile plot of land that the City of Denver purchased and donated to the US Army Air Corps in 1938. It was utilized as a demolition bombing range and called Lowry Auxiliary Field, or Lowry II. It was renamed Buckley Field in 1941, for John Harold Buckley, a WWI pilot from Longmont that was killed in combat. Buckley has since been called Naval Air Station Denver, Buckley Air National Guard Base, Buckley Air Force Base, and now Buckley Space Force Base. It still hosts tenants from each of the military branches and also serves Active, Guard and Reserve military components.

Despite the weather, our hosts were still able to pull off the tour of Buckley Space Force Base with our big group. We owe a big "thank you," to Josh and SMSgt Fran Sechrest for making that happen. Their flexibility and ability to quickly pivot allowed our large group to still be able to see and experience different pieces of the base. We may have not gotten the opportunity to peak inside the golf balls, but we were still able to see the workings of the 140<sup>th</sup> FSS (thanks SMSgt Fishman), and we got a good look at the important work the Army National Guard Aviation is doing.

The National Guard has been a huge piece of Buckley since it was started. What most people don't realize is that the Guard is dual hatted. They have both a Federal mission, serving alongside the Active Duty military and deploy for Federal missions. The thing that makes the National Guard great is that these are your neighbors, and their other mission is to help the state of Colorado. The Colorado National Guard, both Air and Army, are the folks that assisted with the State's COVID response; they assist Alpine Search and Rescue; they assist with the fires; they assist wherever they are needed to help their neighbors.

Buckley SFB may have been there first, but it has become a big part of the City of Aurora and we thank you for allowing us a glimpse into that world for Military Day.

Written by: Jessica Hegewald

### Pay it Forward Fundraising

#### Brew Days

Thanks to the strategic planning by our Pay it Forward and Class Project committees, the Jadoo Brew fundraising effort is now a reality.

Leadership Aurora (Aurora Chamber of Commerce) partnered with Launch Pad Brewery to create the tasty beverage - a fruited blonde foundation with a mango passion fruit and vanilla flavor. The brewery hosted LA members and their families on Feb. 12 for the brew day to help everyone see the brew process up close and personal. In early March, members and other supports returned to Launch Pad for a brewing party, which was coupled with the Big Stuff Food Truck serving delicious meals. One dollar of every beer sold was given back to LA to support the program. Launch Pad and Legends of Aurora Sports Grill will feature the brew for the entire month of March. Thereafter, both locations will donate 10 and 20% of the proceeds back to Leadership Aurora, respectively. The class of 2022 is excited to be linked to the Jadoo Brew and grateful for the community's support!



## Leadership Aurora Class Planning Calendar (2021-2022)

Молтн	EVENT	DATES	TIMES	LOCATION/NOTES
September	Pre-retreat reception	8	5:00-7:00 P.M.	Dry Dock North
	Class retreat	16-18	Varies	Beaver Run - Breckenridge
October	Community Session	21	7:45 A.M5:00 P.M.	Summit Event Center
November	City of Aurora Day	18	7:45 A.M5:00 P.M.	Aurora Municipal Center
December	Media Session	16	7:45 A.M5:00 P.M.	TBD
January	Education Session	20	7:45 A.M5:00 P.M.	TBD
February	Healthcare Session	17	7:45 A.M5:00 P.M.	TBD
March	Military Session	17	7:45 A.M5:00 P.M.	TBD
April	Police Session	21	7:45 A.M5:00 P.M.	TBD
Мау	Fire Session	19	7:45 A.M5:00 P.M.	TBD
June	Graduation Day	2	9:00 A.M-8:00 P.M.	Summit Event Center
	Golf Tournament	16	8:00 A.M3:00 P.M.	Heritage Eagle Bend Golf Course



Together We Will Make Magic #jadoo

